

## **Sand Duels Beach Soccer Covid-19 Policies & Procedures**

- All teams must complete the required roster and waiver forms and submit electronically by Wednesday July 22nd
  - Roster: Player name, birthdate, parent/guardian name (for players under the age of 18), phone number and email are required
  - Waiver: This form is required by every player and coach
- There will **NOT** be a team check in on Friday July 24th or onsite team check in throughout the tournament weekend. All forms must be submitted electronically.
- All players, coaches, referees and event staff must complete the required symptom screening form before play the day of assigned play. This will be sent electronically as a google form.
  - 2012-2007 age groups: Saturday July 25th
  - 2006-Adult age groups: Sunday July 26th
- Any player, coach, or spectator that has in the last 14 days been in close contact with a confirmed or suspected positive case of Covid-19 OR is currently exhibiting any of the following signs or symptoms, please **STAY HOME**
  - Fever or chills
  - Temperature over 100.4
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
- Players, coaches, and referees are encouraged to wash hands for at least 20 seconds or use hand sanitizer that contains at least 60% alcohol before and after each game
- Coaches please have hand sanitizer on hand for your team or ask your players to bring for themselves
- No sharing of personal items including but not limited to water bottles, towels, clothing, pinnies, etc.
- It is recommended for all players to remove clothes for cleaning and shower immediately following participation.
- No player or coach, with the exception of the goalie, should touch the ball with their hands. Goalkeepers must wear gloves. The ball will be disinfected by tournament staff between games. This includes setting the ball up for kick-ins or free kicks: **FEET ONLY**
- Activities that increase the risk of exposure to saliva are not allowed including chewing gum, spitting, and eating sunflower seeds. In addition, cover all coughs and sneezes and wash or use hand sanitizer after.

- Any spitting will be an automatic YELLOW card
- Any confrontation with referee or other players/coaches will be an automatic RED card, this includes getting in another person's face to argue a call, or excessive physical contact
- Any and all fighting will result in immediate whole team elimination from the tournament and forfeiture of all games
- Avoid team huddles, shaking hands, fist bumps, or high fives before, during and after games. Limit all unnecessary physical contact with teammates, other athletes, coaches and officials.
- Teams should set up on opposing sidelines during play. Team listed first on the schedule on the ocean side of the field. Team listed second on the schedule on the boardwalk side of the field.
- There will be no opening captain meeting with referees. Team listed first will have kick off in the first half, team listed second will have kick off in the second half.
- During times when players are not actively participating in competition, attention should be given to maintaining social distancing by increasing space between players on the sideline or bench.
- Fields will be spaced to allow social distancing of spectators. Social distancing must be maintained at all times. Spectators must be at least 5 yards from the field of play. Behind the STAY SAFE KEEP 6FT APART signs.
  - Per [state of Maryland directives](#), spectators are **NOT** allowed at adult sporting events. This would include all U23, men's, women's and adult coed divisions.
  - Per state of Maryland directives, only immediate family are allowed at youth sporting events with appropriate social distancing.
- When social distancing is not feasible, masks or other face covering must be worn, such as when approaching the registration, merchandise or first aid tents.
- Public restrooms are open to the public and to be used at your own risk. Masks must be worn inside the facilities and proper hand hygiene after use.

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

<https://commerce.maryland.gov/Documents/BusinessResource/Youth-Sports-COVID-19-Best-Practices.pdf>